



UNIFYING AFRICAN AMERICAN FAMILIES BY  
INCREASING INTERPERSONAL RELATIONSHIPS,  
PROMOTING CULTURAL AWARENESS AND  
REINFORCING THE IMPORTANCE OF SOCIAL  
ECONOMICS



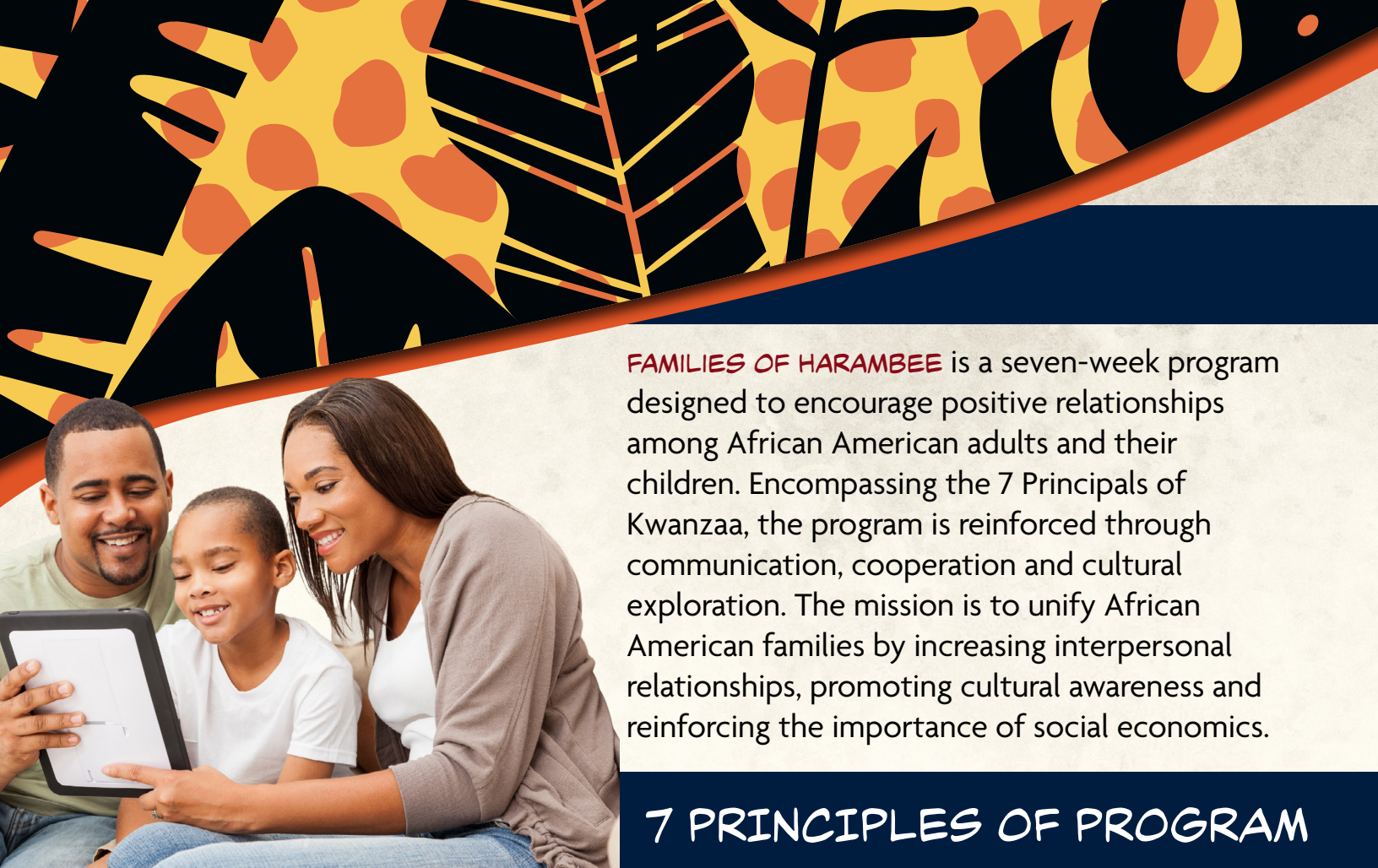
EVIDENCE  
INFORMED PROGRAM



CHANGING MINDS, BODIES, &  
POCKETBOOKS







**FAMILIES OF HARAMBEE** is a seven-week program designed to encourage positive relationships among African American adults and their children. Encompassing the 7 Principles of Kwanzaa, the program is reinforced through communication, cooperation and cultural exploration. The mission is to unify African American families by increasing interpersonal relationships, promoting cultural awareness and reinforcing the importance of social economics.

## 7 PRINCIPLES OF PROGRAM

### **UMOJA - UNITY**

Reintroduce the families to their members, initiating a blueprint of commitment to family, program and knowledge.

### **KUJICHAGULIA - SELF DETERMINATION**

Create a new agenda for the family to discuss and discover aspirations, dreams and goals.

### **UJIMA - COLLECTIVE WORK AND RESPONSIBILITY**

Practice communication skills as individuals as well as family and assign responsibilities in the home and community at large.

### **UJAMAA - COOPERATIVE ECONOMICS**

Develop Financial education project and plan of action for individuals and as collective unit.

### **NIA - PURPOSE**

Construct a family purpose statement that will lay out goals and standards and serve as a guide moving forward.

### **KULUMBA - CREATIVITY**

Build on family relations and design a creation that is representative of the individual and the collective.

### **IMANI - FAITH**

Move forward as a family in the spirit of Harambee, continuing to pull all the has been learned together to strengthen the self, the family and the community.



# FAMILIES OF HARAMBEE

Stronger. Wiser. Better



## MISSION.

To unify African American families by increasing interpersonal relationships, promoting cultural awareness and reinforce the importance of social economics

## PARTICIPANTS REQUIREMENTS

Full families must participate in the program. However, FAMILIES OF HARAMBEE, is an inclusive program that both recognizes and celebrates the diversity found within families. All family types are welcomed to participate, including:

- Multiracial families
- Two-parent families
- Blended families
- Foster families
- Families with youth groups 10-and up
- Families with grandparents as caregivers
- Multiracial families
- Single-parent Families





### PROGRAM BASICS

FAMILIES OF HARAMBEE is designed to be taught over the course of seven consecutive weeks. Families are led through the program by two trained facilitators. Each session is 2 hours and consists of dinner and structured activities.

## FAMILIES OF HARAMBEE

FAMILIES OF HARAMBEE can be implemented in a variety of places including but not limited to:

- Community groups working with youth
- Family agencies
- Charter, Private and Public Schools
- Churches, Mosques, etc.

### PROGRAM HIGHLIGHTS

FAMILIES OF HARAMBEE offers an interactive curriculum that can support the growth and strengthening of families in a number of ways. Additional highlights include:

- Family Reunification Support
- Social Emotional Learning
- Cultural Enlightenment
- Family Engagement



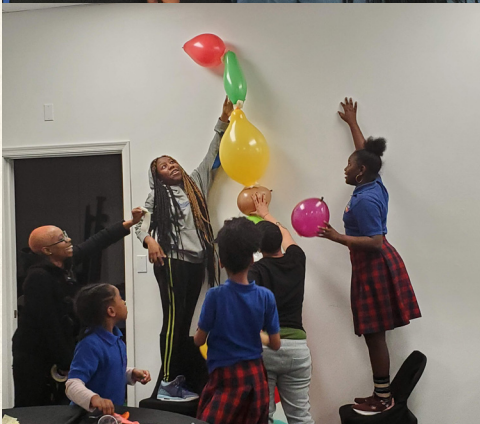


# FAMILIES OF HARAMBEE

Stronger. Wiser. Better









# FAMILIES OF HARAMBEE

Stronger. Wiser. Better



## FOH PARTICIPANT REVIEWS

“Experienced family programs before but nothing like this.”

Our “communications started to improve”

I “wish it was longer”

I “Like the mandatory dinners & topics”

## CONFIDENTIALITY POLICY

FAMILIES OF HARAMBEE does its best to maintain confidentiality, however should they receive information about safety of participant they will follow state protocol to report to the necessary people.

## RESPECT AND INCLUSIVITY POLICY

As a participant of FAMILIES OF HARAMBEE, all participants and facilitators are held accountable for their words and actions. It is expected that every person be treated as valuable and feel safe when are participating in activities. Participants are held to the standard of respecting each other's difference, as well as celebrate and support each other in their strengths. Respect will be given regardless of gender, sexual orientation, religion, and any other cultural differences.





FAMILIES OF HARAMBEE

STRONGER . WISER . BETTER

LOOKING TO BRING FAMILIES OF HARAMBEE TO YOUR  
ORGANIZATION OR PROGRAM? CONTACT US NOW:



info@tarafeliciaconsulting.com



tarafeliciaconsulting.com



@TaraFeliciaConsulting



CHANGING MINDS, BODIES, & POCKETBOOKS

